



THE LATE MR. NELSON MANDELA SAID, THAT THE ONLY WAY FORWARD FOR ANY SOCIETY IS THROUGH EDUCATION.

This is also the ethos of The Amara Charitable Trust, as it's main focus is on rural education.

Amara's Involvements

1. Reiki session for 125 secondary school children was held and hosted by Lotus Seva Healing Group where so many children felt a difference just after one session. They were encouraged to continue with practice to get more benefits in their life.



Reiki session in progress

2. The following ancillary donations were made to all AMARA schools:

- Three wheel chairs
- A Knitting machine
- Prizes for 7 children who attained 300 points and over in KCPE at Kwa Kaluysa Primary School
- Sponsorship for 3 children who scored over 300 points in KCPE and got places in the National Schools.



Sammy Mumima sponsored student from Kanaani Primary School

Since Oct'13 to March'14, we have constructed the following at these schools:



Playing shed for Kyangoma Special Needs School

1. Kyangoma Special Needs Mixed Boarding School in Kikima, Mbooni:

- a 38 girls dormitory plus washrooms
- an open air hall
- a kitchen and a store

This project was totally supported by Healthcare Direct (K) Limited.



Kyangoma Playground equipment



Kyangoma girls dormitory furnished with mosquito nets

Ravi and Radhika Vora donated the playing equipment at Kyangoma Special Needs School. This is the most treasured equipment for children who love playing on this. The children are so happy here, that they refuse to go home in holidays because they have a comfortable dormitory, food and playing equipment!

AMARA pays for two vocational teachers at Kyangoma Special Needs School to teach the children life skills. AMARA is looking for supporters to pay for teachers fees so that we can continue with this project.



New Kitchen and Store for Kanaani Primary School

2. Kanaani Primary School, Athi River:

- 3 classrooms
- kitchen + store
- refurbished 6 classrooms

This project has been kindly supported by: Independent Franchise Partners, Brij Foundation, partially Ramco Group and Orient Lodge

A feeding program has been implemented at Kanaani Primary School since September 2013. The feeding program runs from Monday to Friday for 650 children. This program is on share basis: the parents contribute one-third of the cost and AMARA contributes two-thirds of the cost. The meal costs KShs. 20/- per child per day. The children are extremely happy with this new program because some kids don't

**Amara's Future Projects
2014-2015**

1. AMARA is working on a project in Partnership with a Bank to sink a borehole at 2 slum schools in Athi River. This will assist 1000 students and the slum community nearby. This is a share-share project for the Community to assume ownership and to run the project independently within two years.

2. AMARA is in the process of looking two more 'needy' schools within the Athi River and Juja areas to uplift and empower the community.

**AMARA'S
FORTHCOMING
FUNDRAISER**

**AMARA is hosting the 5th
Annual Golf Tournament on
6th June 2014 at Muthaiga Golf
Club.**

**AMARA has hosted very
successful tournaments in the
past four years with
your support.**

**AMARA NEEDS SUPPOR FOR
2014 GOLF TOURNAMENT.**

**Please contact Smita on
0733 601090
for further details.**



Feeding Programme



Karate Sessions

get a meal until the following day. In addition, we have implemented a further meal of uji in the evening for the older children who are in school until 7.00 or 8.00 pm preparing for their KCPE.

To ensure children get a more rounded education, AMARA holds weekly karate sessions at Kanaani Primary School on Saturdays during term time where 35 Children benefit from this workshop. This workshop is kindly supported by Mr. Karim of Zahra Signs. Another batch of 35 is ready to start the classes and AMARA is looking for supporters of this project for payment to the teacher and karate uniforms.



**Kanaani Secondary School
classrooms Block**

**3. Kanaani Secondary School, Athi
River:**

- 4 classrooms
 - 1 laboratory
 - 1 general utility/computer room
- This project was wholly supported by Mukesh and Ninna Shah of MK & ZK Foundation (UK)

A total of 144 fruit trees and shade trees were planted at

Kanaani Primary and Secondary School just before the rains in March 2014. This exercise was to create shade in the schools and provide nutritional fruits for the children. Aashit of Oragnix led this exercise by planting the trees in the correct way and adding supplements to ensure 100% success rate of the trees. This was a day out for many parents and children who supported the project whole-heartedly and helped in planting and adopting a tree each to which they promised to look after. The trees are doing very well. The trees were kindly donated by Hindu Council of Kenya.

It is important for children to have a good and comfortable environment to learn in so besides construction, AMARA has given all the three schools:

- (a) 50 desks donated by Mr. Bamhra and 30 desks and 30 desks by Brij Foundation.
- (b) Text books, stationery, teachers' equipment.
- (c) Beds with Mattresses sheets, towels kindly donated by Ply sales Limited and mosquito nets by Light Up Africa Foundation.
- (d) 2 water tanks.
- (e) Kitchen equipment including plates and mugs.
- (f) Learning materials for special needs school.

We are a charity with a difference.....A very hands-on Charity with minimal administrative costs!

Please visit AMARA website www.amaratrust.org for more information or Email: amaracharitabletrust@gmail.com
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